

Registration for

# Speed Camp [www.40speed.com](http://www.40speed.com)

Student's Name \_\_\_\_\_ Email \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

School \_\_\_\_\_ Grade \_\_\_\_\_

Age \_\_\_\_\_ Sports \_\_\_\_\_

Parent/Guardian Names \_\_\_\_\_

Work # \_\_\_\_\_ cell # \_\_\_\_\_

Emergency Contact (if different) \_\_\_\_\_ Phone \_\_\_\_\_

**PLEASE READ & SIGN LIABILITY WAIVER:** I / We the undersigned parents or guardian of the above student participating in the Speed Camp do hereby release and discharge the facility where Speed Camp is held from any liability, and also release and discharge any Speed Camp instructors assisting. I / We also release and discharge Phil Campbell from all liability of any kind and character upon claim, demand, or cause of actions, which might be asserted in behalf of said individual or minor against the Phil Campbell, facility, school or the Speed Camp instructors or assistants. **WARNING:** Speed Camp training involves intense anaerobic exercise, which is the most physically demanding form of exercise and has been known to cause serious injury in some cases. Furthermore, in the event of accident, if the instructors are unable to contact the parent or guardian, I hereby grant permission to administer necessary first aid, and / or take the student to the nearest medical facility for additional treatment.

STUDENT SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

PARENT or GUARDIAN \_\_\_\_\_ DATE \_\_\_\_\_

*Note: Participants will generally not race side-by-side. Benchmark speed measurements will be generally taken in the 20 and 40 yard sprints, flexibility and other performance measures. The goal is to improve speed, quickness and agility necessary for sports in a positive way that encourages every participant to improve. Speed Camp uses the Riekes Mentoring Model Principles; Respect Yourself & Respect Others. Making fun of others WILL NOT be tolerated and the instructors retain the right to dismiss any participant from the training session without cause and this may be done if an instructor perceives that a participant has demeaned another participant.*

***Speed Camp instruction and training does not discriminate on the basis of race, sex, disability, creed, national origin, or how fast you are when you start speed training. The goal of Phil Campbell's Speed Camp is to help you live up to your potential by getting you faster!***